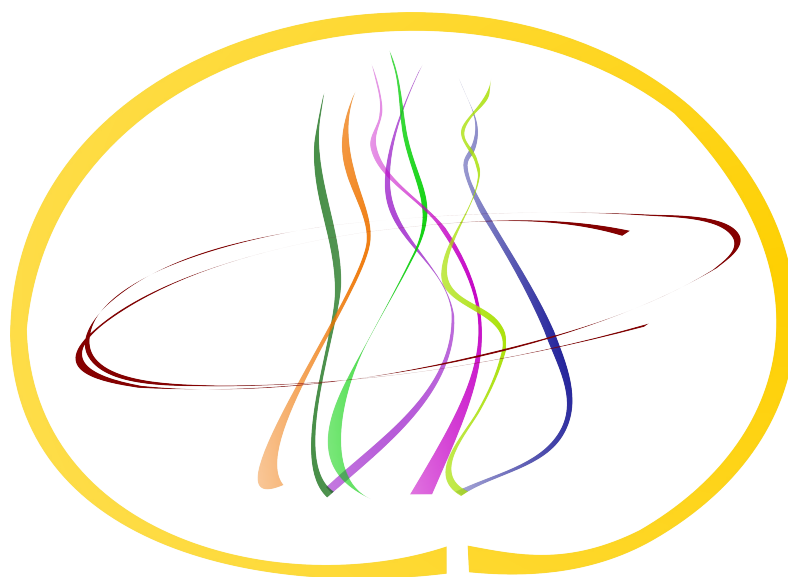


# No You Cannot



You cannot liberate yourself without considering all the forces and all the masks of all your enemies.

You cannot achieve your victory without analysing constantly and in depth how the obstacles in many ways stop your progress.

You cannot become wiser and stronger without looking objectively at your weakness and without training generously yourself.

You cannot make a step forward without thinking at the same time, at the past, at the present and at the future.

You cannot give yourself another challenge without consolidate your base and remember all the path of your success.

You cannot offer to others the fruits of your happiness without willing for themselves their own happiness.

You cannot keep your freedom without continuing for ever to pursue the good dreams and the good means you have chosen yourself.

You cannot be sure and confident of your rights and strengths if you bargain or gamble one day the work of your entire life, or if you profit of others misery.

You cannot stay a friend and a help to your own community if you become yourself one of their enemy.

You cannot change your enemies if you give them reasons and advantages to remain in their lonely and superior position.

You cannot communicate well and positively if you don't accept parity, critics, evidences, transparency and patience.

You cannot force anyone not to be just and entirely himself because this is the only sense and the main goal each one of us can want, claim and fight for his own life.

You cannot stand proudly and honestly in our world if you do not have your feet on the ground and your hands ready, if you do not keep your hart warm, your mouth pure, your eyes open, your mind free and your head in the sky.

You may spread truth and love around you if you always maintain truth and love within yourself.